

BIBLE VERSES FOR *mommy guilt*

ON *confession*

- James 5:16** Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.
- 1 John 1:9** If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.
- Proverbs 28:13** Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.

ON BEING *enough*

- 1 John 2:1b** But if anybody does sin, we have an advocate with the Father —Jesus Christ, the Righteous One.
- Romans 5:1** Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ...
- Colossians 2:13-14** When you were dead in your sins and in the uncircumcision of your flesh, God made you alive with Christ. He forgave us all our sins, having canceled the charge of our legal indebtedness, which stood against us and condemned us; he has taken it away, nailing it to the cross.
- Hebrews 9:14** How much more, then, will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from acts that lead to death, so that we may serve the living God!

ON MOVING *forward*

- 1 John 4:18** There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.
- 2 Corinthians 12:9** But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.
- Hebrew 10:22** [L]et us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water.
- Philippians 4:6-7** Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

See commentary at ginampoirier.com/bible-verses-mommy-guilt/