

BIBLE VERSES *for when you're grumpy*

ON CHOOSING *joy and gratitude*

1 Thess. 5:16-18 → Rejoice, pray and give thanks always.

Phil. 4:4-7 → Rejoice in the Lord always; don't be anxious but pray in every situation.

Gal. 5:22-23 → The fruits of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness.

2 Cor. 13:11 → Rejoice, strive for restoration, be at peace.

ON *praising God*

Psalms 28:7 → The Lord is my strength and my shield...

Psalms 104:33-34 → I will sing to the Lord all my life...

Isaiah 49:13 → Shout for joy...the Lord comforts his people.

ON *overcoming trials*

James 1:2-3 → Consider it great joy when facing trials; the testing of my faith leads to maturity.

Psalms 126:5 → Those who sow in tears reap in joyful song.

Hab. 3:17-18 → Even when I am in want, I will rejoice in the Lord, be joyful in God my Savior.