

BIBLE VERSES FOR *exhaustion*

ON FINDING *rest*

Matt. 11:28-29 → Jesus invites me to rest in him.

Isaiah 40:30-31 → Those who hope in the Lord will renew their strength.

Psalms 62:5-6 → The Lord is my fortress, I will never be shaken.

ON *perseverance*

James 1:2-4 → My trials are leading to my maturity in Christ.

Romans 12:1 → My personal sacrifices are an act of worship.

Romans 5:3-5 → I glory in my sufferings, which provide me hope through the Spirit.

2 Cor. 4:16 → I do not lose heart because he renews me daily.

ON FINDING *strength*

Psalms 46:10 → "Be still and know that I am God."

2 Cor. 12:9-10 → God's grace is sufficient; his power is made perfect in weakness.

Phil. 4:4-7 → Rejoice in the Lord always; do not be anxious but pray about everything.

Hebrews 6:10 → God will not forget the work and love I've shown.